

Christian Growth Checkup

Each of us is on a journey of faith, which includes seasons we describe as Exploring Christ, Following Christ, Abiding in Christ, and Discipling in Christ. While our spiritual growth is usually fluid with aspects of various seasons at any given time, it can be helpful to identify where we are now and what opportunities we have for growth. The lists below are designed to give you an idea. Mark each item that applies to you. Talk this over with a mentor or trusted friend, or use it as a tool for personal study. Check out the recommendations for next steps on Bethesda's app or website.

Exploring Christ

- I may be a Christian, but I'm not really sure.
- I don't know for sure that I will go to heaven.
- I seldom read the Bible.
- I don't see the importance/relevance of Bible study.
- I am not sure how to pray.
- I want to know more about the journey of a Christian.
- I have a lot of questions right now.
- I'm skeptical about faith.

Following Christ

- I recently made a commitment to Christ as my Savior.
- I know for sure that I will go to heaven.
- I am learning to pray and listen to the Holy Spirit.
- I am learning how to meaningfully read and study God's Word.
- I attend church regularly to worship and honor God.
- I desire to know and to do God's will but I'm not always sure what that is.
- I have started to or am interested in serving Christ.
- My faith in Jesus is changing my priorities and the way I relate to people.

Abiding in Christ

- I experience rest and peace when I am in God's presence.
- I am allowing God's truth to shape my life, and desire that for others.
- I find strength knowing I'm a child of God by His grace in Jesus.
- I experience God's peace and joy even in difficult circumstances.
- I know who God is and trust His faithfulness, kindness, and justice.
- I rely on God's grace more and more as I see and confess my sin.
- I experience an overflowing of God's love in me for others.
- I find myself telling others about the love of God and why Jesus came to earth.

Discipling in Christ

- I am able to use God's Word to give an answer and guidance to those seeking to learn and grow.
- I have a heart to disciple, mentor, and support others in their Christian growth.
- I have a heart to be used by God to teach others to read and study the Bible.
- I have a heart to guide others in how to pray and experience God's presence.
- I have a heart to love and support others in their struggles.
- I have a sense of purpose and offer my skills, talents, and resources to help others grow closer to Jesus.
- I have a desire to have the Kingdom of God spread throughout all nations, and I act upon that desire.
- I'm learning that everything I do can be an expression of worship.